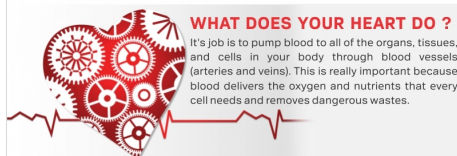


# Your Heart

Let's talk about it !



## WHAT DOES YOUR HEART DO ?

It's job is to pump blood to all of the organs, tissues, and cells in your body through blood vessels (arteries and veins). This is really important because blood delivers the oxygen and nutrients that every cell needs and removes dangerous wastes.

## HOW WELL DO YOU KNOW YOUR HEART

- The human heart is not on the left-hand side of the body; it's in the middle
- The chambers on the right side of the heart collect blood from the body and pump it to the lungs. The chambers on the left side collect it from the lungs and pump it back into the body
- Each minute your heart pumps 5.5 liters of blood.
- One-third of first heart attacks are fatal, and another third result in permanent damage to the heart
- Smoking makes the risk of a heart attack 200% to 400% greater than that of nonsmokers.



### IMPACT OF STRESS ON HEART :

Un-managed stress, anger & hostility, can affect your health and cause :

- High blood pressure
- Irregular heart rhythms
- Damage to your arteries. Higher cholesterol levels
- Weakened immune system.

### IMPACT OF WEAK HEART ON ORGANS

- Weak Heart causes Kidney to function at reduced capacity and cause the body to retain more fluid
- The lungs may become congested with fluid
- The intestines may become less efficient in absorbing nutrients & medicines



### SYMPTOMS OF WEAK HEART

Breathlessness or Shortness of Breath  
Lack of Appetite or Nausea | Chest pain  
Rapid Weight Gain | Fatigue



## TAKE ACTION TODAY, ADOPT EZENUS GOOD HEALTH PROGRAM

### ADDITIONAL 4 BENEFITS



Detoxifies  
LIVER



Enhances  
IMMUNITY



Purifies  
BLOOD



Antioxidants  
FOR BODY

• SUGAR FREE • CLINICAL PROVEN • 100% HERBAL • A GERMAN TECHNOLOGY • GLOBALLY PATENTED

A Product of Venus Remedies Limited  
Feedback: marketing@ezenus.com | Toll free no.: 1800 3000 8600  
Also Available at [www.healthkart.com](http://www.healthkart.com)